

ABOUT VINFEN

Established in 1977, Vinfen is a private, nonprofit human services organization and the leading mental health provider in Massachusetts.

Each year, Vinfen transforms thousands of lives by providing a wide array of services to children, youths and adults with psychiatric and developmental disabilities as well as autism, Pervasive Developmental Disorders, HIV/AIDS, substance addiction and visual/hearing impairments.

Vinfen's 2,000 dedicated employees are experienced, highly trained professionals who provide a full range of educational, rehabilitative, and clinical services in more than 300 programs throughout eastern Massachusetts and northern Connecticut.

Vinfen transforms lives by building the capacity of individuals, families, organizations and communities to learn, thrive and achieve their goals. Our services promote the recovery, resiliency, habilitation and self-determination of the people we serve.

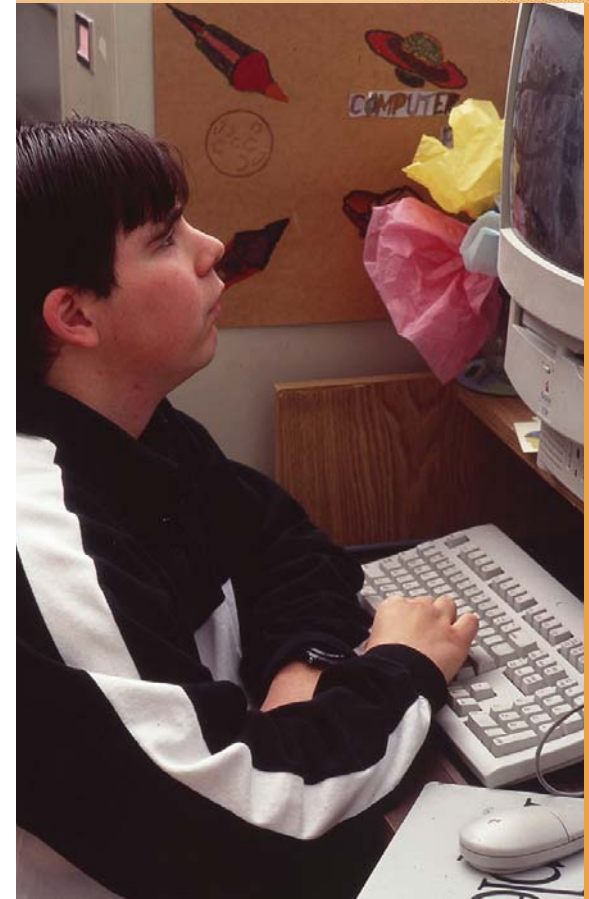
As a human services leader, we strive to be the provider, employer and partner of choice.

vinfen
helping to transform lives

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Behavioral Health Services & Supports



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OVERVIEW

The Behavioral Health Division provides community-based outpatient mental health and substance abuse services to approximately 1,800 children, adults and families annually.

Treatment is individualized, holistic and culturally sensitive, and may be associated with other clinical care and support services.

The division has developed its own Continuous Quality Improvement program in which quality indicators are measured monthly against targeted benchmarks. In addition, a functional assessment tool is implemented within each program at the point of intake and six months thereafter in an effort to measure efficacy of clinical treatment.

SERVICES

PEOPLE CARE CLINIC

Our licensed mental health clinic in Roxbury, Massachusetts, provides a comprehensive array of services including individual, group and family counseling; case consultation and medication management. Clinicians work closely with public and private hospitals and community mental health centers. The clinic has outreach sites in Lawrence and Lynn.



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We strive to serve individuals with compassion and respect for their dignity while maintaining the highest professional and ethical standards.

DIALECTICAL BEHAVIORAL THERAPY (DBT)

Originally developed to treat Borderline Personality Disorder, DBT is a comprehensive cognitive behavioral treatment that focuses on emotional, behavioral and cognitive patterns for people with complex and persistent mental disorders. DBT services are offered through the People Care Clinic.

SCHOOL COMMUNITY CONSULTATION AND TREATMENT (SCCAT)

SCCAT provides accessible and flexible clinical support services to children and their families in more than 35 Boston Public Schools. Services include individual, group and family therapy; crisis intervention; violence prevention and family outreach.

FAMILY STABILIZATION TEAM (FST)

FST provides voluntary, short-term and flexible intensive clinical and case management services to assist families and caregivers during a crisis and stabilize the behavior of children and adolescents in both biological and foster home settings.

MOBILE ASSESMENT TEAM (MAT)

MAT is a group of experienced, licensed mental health clinicians available to provide a comprehensive assessment to a child or family within 24 hours of referral. The team determines the clinical needs and the most appropriate level of care and service within the network for each child or family.

The FST and MAT programs are contracted through the Massachusetts Department of Children and Families.



AFFILIATIONS

Vinfen's Behavioral Health Division is affiliated with Cambridge Health Alliance and Children's Hospital Boston.

ELIGIBILITY FOR SERVICES

Members of the following HMOs are eligible for services:

- Beacon Health Strategies
- Blue Cross Blue Shield
- Boston Medical Center Health Net
- Evercare
- Magellan
- Massachusetts Behavioral Health Partnership (MBHP)
- Medicaid
- Medicare
- Network Health
- PacifiCare
- Tufts
- Value Options

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