

ABOUT VINFEN

Established in 1977, Vinfen is a private, nonprofit human services organization and the leading mental health provider in Massachusetts.

Each year, Vinfen transforms thousands of lives by providing a wide array of services to children, youths and adults with psychiatric and developmental disabilities as well as autism, Pervasive Developmental Disorders, HIV/AIDS, substance addiction and visual/hearing impairments.

Vinfen's 2,000 dedicated employees are experienced, highly trained professionals who provide a full range of educational, rehabilitative and clinical services in more than 300 programs throughout eastern Massachusetts and northern Connecticut.

Vinfen transforms lives by building the capacity of individuals, families, organizations and communities to learn, thrive and achieve their goals. Our services promote the recovery, resiliency, habilitation and self-determination of the people we serve.

As a human services leader, we strive to be the provider, employer and partner of choice.

v i n f e n
helping to transform lives

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Mental Retardation Services & Supports



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OVERVIEW

Vinfen's Mental Retardation Division provides a comprehensive array of residential, day and support services to individuals with cognitive and developmental disabilities as well as other conditions such as autism, physical disabilities and visual and/or hearing impairments. More than 700 individuals receive services annually in 83 programs located throughout eastern Massachusetts and northern Connecticut.

Staff work with each individual and his/her service team to identify person centered goals in areas of need that increase their independence and integration into the community.

SERVICES

RESIDENTIAL SERVICES

Residential services are offered to adults of all ages in home settings that range from intermittent to 24-hour support.

- **24-Hour Residential Support Services** emphasize skills needed for everyday living, including shopping, money management, health, friendship and recreation and leisure. Involvement with the community and participation in work or day programs activities are stressed.
- **The Individuals Support Network** provides up to 15 hours of weekly support to individuals who live independently in their own apartments. Examples of supports include shopping, menu planning, budgeting and



We strive to enrich the quality of life of people by enhancing their independence, community integration and relationships with respect to their dignity and choice. This goal is accomplished by knowledgeable professionals employing positive interactions and least restrictive supports.

medical appointments. Apartment living programs give individuals the opportunity to live independently with flexible on-site staff providing clinical and administrative support.

DAY SERVICES

Three different levels of day services, depending on individuals' specific needs and objectives, are offered to help each individual reach his/her potential at independent living in the community and workplace.

- **Day Habilitation Services** emphasize basic skills training including speech, occupational therapy and medical needs by a staff of allied health professionals.
- **Community Based Day Services** are for individuals not yet ready or interested in competitive employment. They are encouraged to identify goals and interests. Skills and vocational training, as well as educational opportunities, are then provided in these areas.
- **Employment and Training Services** focus on job-readiness skills and part-time employment, with on-the-job coaching and other assistance as needed.

FAMILY SUPPORT SERVICES

Family Support Services help individuals living with their families through flexible options directed by the family. Support funds are provided for respite care, vacations or purchase of needed equipment.



RESPITE SERVICES

The South Shore Respite provides short term residential and day supports to individuals who may be in crisis or in need of temporary housing. The program provides clinical stabilization and works to re-integrate the individual back into their permanent living arrangement whether it is group or family home.

PRIMARY FUNDING AND PARTNERS

MASSACHUSETTS

Department of Medical Assistance
Department of Mental Retardation
Department of Children and Families
Massachusetts Rehabilitation Commission
Department of Education
Cities and Towns

CONNECTICUT

Department of Developmental Services
Department of Social Services
Department of Children and Family
Local School Systems

Private Pay and other funding sources are also possible.

Numerous **business partners** support the Division's employment and training programs by integrating individuals served into their workforce. Vinfen also offers ancillary services through various affiliations with other human services providers.

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